

PK KB LIM 26: Session: 2: COACH evaluation sheet for TEAM: HZS

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 200M BUTTERFLY MEN 13+							Heat:1, starttime: 14:00	
Heat: 1/1 Lane : 3 Athlete: VANDEPOEL QUINTEN							Q-time: 02:19:52	
PB (25m pool): 02:19.52 3500 Hasselt 23/11/2025				PB (50m pool): 02:25.24 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.62		01:07.50		01:43.83		02:19.52
	00:31.62		00:35.88		00:36.33		00:35.69	
								

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+							Heat:1, starttime: 14:04	
Heat: 1/11 Lane : 7 Athlete: LIZIN NEL							Q-time: 01:35:12	
PB (25m pool): no time				PB (50m pool): 01:35.12 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+							Heat:2, starttime: 14:06	
Heat: 2/11 Lane : 2 Athlete: DANIELS LOTTE						Q-time: 01:24:98		
PB (25m pool): 01:24.98 Eindhoven 28/06/2026				PB (50m pool): 01:25.22 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:40.52		01:24.98				
	00:40.52		00:44.46					
								

Coach feedback:

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Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:06
Heat: 2/11 Lane : 8 Athlete: TAIBI AYA					Q-time: 01:28:15
PB (25m pool): 01:28.15 Eindhoven 28/06/2026					PB (50m pool): 01:33.82 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.36		01:28.15	
	00:40.36		00:47.79		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:08
Heat: 3/11 Lane : 2 Athlete: LENAERTS JULIA					Q-time: 01:17:94
PB (25m pool): 01:22.81 Lommel 22/02/2026					PB (50m pool): 01:17.94 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.81	
	no time				
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:08
Heat: 3/11 Lane : 4 Athlete: PUT TYANA					Q-time: 01:16:98
PB (25m pool): 01:16.98 Eindhoven 28/06/2026					PB (50m pool): 01:18.54 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.81		01:16.98	
	00:36.81		00:40.17		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:08
Heat: 3/11 Lane : 5 Athlete: STRIGENCZ ELIEN					Q-time: 01:17:12
PB (25m pool): 01:29.30 Pelt 05/10/2025					PB (50m pool): 01:17.12 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.15		01:29.30	
	00:42.15		00:47.15		
					

Coach feedback:

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Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:10
Heat: 4/11 Lane : 1 Athlete: DESAIR ANNA-LOUISE					Q-time: 01:15:91
PB (25m pool): 01:20.78 Hasselt 12/10/2025					PB (50m pool): 01:15.91 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.42		01:20.78	
	00:39.42		00:41.36		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:10
Heat: 4/11 Lane : 8 Athlete: VAN GUYSE ADA					Q-time: 01:16:40
PB (25m pool): 01:24.29 Hasselt 12/10/2025					PB (50m pool): 01:16.40 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.08		01:24.29	
	00:40.08		00:44.21		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:12
Heat: 5/11 Lane : 2 Athlete: VANIERSCHOT LINA					Q-time: 01:12:62
PB (25m pool): 01:11.05 3500 Hasselt 30/04/2023					PB (50m pool): 01:12.26 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:11.05	
	no time				
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:13
Heat: 6/11 Lane : 4 Athlete: BEVERNAGE TRIX					Q-time: 01:09:67
PB (25m pool): 01:09.67 Eindhoven 28/06/2026					PB (50m pool): 01:10.98 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.47		01:09.67	
	00:33.47		00:36.20		
					

Coach feedback:

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Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:13
Heat: 6/11 Lane : 6 Athlete: VANDER MEER NOOR					Q-time: 01:11:51
PB (25m pool): 01:14.87 Hasselt 12/10/2025					PB (50m pool): 01:11.51 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.63		01:14.87	
	00:36.63		00:38.24		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:13
Heat: 6/11 Lane : 7 Athlete: FRANSSEN LYNA					Q-time: 01:12:01
PB (25m pool): 01:12.06 Lommel 22/02/2026					PB (50m pool): 01:12.01 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.06	
	no time				
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:15
Heat: 7/11 Lane : 4 Athlete: CLAESSENS ISA-BEAU					Q-time: 01:07:86
PB (25m pool): 01:08.75 Eindhoven 28/06/2026					PB (50m pool): 01:07.86 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.57		01:08.75	
	00:32.57		00:36.18		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:15
Heat: 7/11 Lane : 5 Athlete: JASPERS LIEN					Q-time: 01:08:16
PB (25m pool): 01:08.16 Bilzen 12/01/2025					PB (50m pool): 01:12.89 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.42		01:08.16	
	00:32.42		00:35.74		
					

Coach feedback:

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Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:20
Heat: 10/11 Lane : 3 Athlete: COPERMANS SAM					Q-time: 01:03:98
PB (25m pool): 01:03.98 Hasselt 12/10/2025			PB (50m pool): 01:04.83 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.21		01:03.98	
	00:31.21		00:32.77		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:20
Heat: 10/11 Lane : 5 Athlete: VANIERSCHOT ELLA					Q-time: 01:03:36
PB (25m pool): 01:03.66 Hasselt 04/05/2025			PB (50m pool): 01:03.36 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.08		01:03.66	
	00:31.08		00:32.58		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:11, starttime: 14:22
Heat: 11/11 Lane : 2 Athlete: SARGESJAN NALA					Q-time: 01:00:68
PB (25m pool): 01:00.68 Hasselt 12/10/2025			PB (50m pool): 01:01.52 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:00.68	
	no time				
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:11, starttime: 14:22
Heat: 11/11 Lane : 7 Athlete: CLAESSENS ELLA-LOUISE					Q-time: 01:01:38
PB (25m pool): 01:02.43 Hasselt 12/10/2025			PB (50m pool): 01:01.38 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.33		01:02.43	
	00:30.33		00:32.10		
					

Coach feedback:

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Event number: 11: 200M MEDLEY MEN 11+							Heat:1, starttime: 14:24	
Heat: 1/8 Lane : 5 Athlete: MATHIJS CORNEEL							Q-time: 03:42:54	
PB (25m pool): 03:48.28 Lommel 22/02/2026				PB (50m pool): 03:42.54 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:57.65		no time		no time		03:48.28
	00:57.65							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:4, starttime: 14:36	
Heat: 4/8 Lane : 1 Athlete: BRUNINX LEON							Q-time: 02:54:56	
PB (25m pool): 03:07.17 Lommel 22/02/2026				PB (50m pool): 02:54.56 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.61		no time		no time		03:07.17
	00:42.61							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:7, starttime: 14:46	
Heat: 7/8 Lane : 8 Athlete: VANOPPEN MATHIAS							Q-time: 02:28:52	
PB (25m pool): 02:27.75 3500 Hasselt 28/04/2024				PB (50m pool): 02:31.68 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:27.75
	no time							
								

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:1, starttime: 14:52
Heat: 1/5 Lane : 5 Athlete: STRIGENCZ ELIEN				Q-time: 01:36:25	
PB (25m pool): no time			PB (50m pool): 01:36.25 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 14:54
Heat: 2/5 Lane : 2 Athlete: FRANSSEN LYNA					Q-time: 01:32:51
PB (25m pool): 01:33.61 Hasselt 12/10/2025					PB (50m pool): 01:32.51 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.18		01:33.61	
	00:45.18		00:48.43		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 14:54
Heat: 2/5 Lane : 6 Athlete: LENAERTS JULIA					Q-time: 01:30:90
PB (25m pool): 01:40.48 Tilburg 26/10/2025					PB (50m pool): 01:30.90 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.66		01:40.48	
	00:48.66		00:51.82		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 14:57
Heat: 3/5 Lane : 4 Athlete: THEWISSEN MIRTHE					Q-time: 01:24:31
PB (25m pool): 01:24.31 Temse 17/11/2025					PB (50m pool): 01:24.91 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.23		01:24.31	
	00:40.23		00:44.08		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 14:57
Heat: 3/5 Lane : 6 Athlete: BEUNCKENS TESS					Q-time: 01:25:87
PB (25m pool): 01:25.87 Temse 17/11/2025					PB (50m pool): 01:27.38 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.08		01:25.87	
	00:41.08		00:44.79		
					

Coach feedback:

PK KB LIM 26: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 14:57
Heat: 3/5 Lane : 7 Athlete: VANDER MEER AMBER					Q-time: 01:27:63
PB (25m pool): 01:29.40 Hasselt 12/10/2025					PB (50m pool): 01:27.63 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.33		01:29.40	
	00:42.33		00:47.07		
					

Coach feedback:

Event number: 13: 200M BACKSTROKE MEN 13+							Heat:2, starttime: 15:22	
Heat: 2/2 Lane : 4 Athlete: LEMMENS TUUR							Q-time: 02:12:26	
PB (25m pool): 02:02.50 Gent 11/11/2018				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:02.50
	no time							
								

Coach feedback:

Event number: 13: 200M BACKSTROKE MEN 13+							Heat:2, starttime: 15:22	
Heat: 2/2 Lane : 6 Athlete: VANDEPOEL QUINTEN							Q-time: 02:22:55	
PB (25m pool): 02:22.55 Hasselt 04/05/2025							PB (50m pool): 02:26.54 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.46		01:10.22		01:47.21		02:22.55
	00:33.46		00:36.76		00:36.99		00:35.34	
								

Coach feedback:

Event number: 13: 200M BACKSTROKE MEN 13+							Heat:2, starttime: 15:22	
Heat: 2/2 Lane : 7 Athlete: HAUBEN THOMAS							Q-time: 02:26:96	
PB (25m pool): 02:26.96 Hasselt 12/10/2025				PB (50m pool): 02:40.94 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.49		01:12.88		01:51.19		02:26.96
	00:34.49		00:38.39		00:38.31		00:35.77	
								

Coach feedback:

PK KB LIM 26: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 14: 400M FREESTYLE WOMEN 13+							Heat:1, starttime: 15:25	
Heat: 1/3 Lane : 3 Athlete: VAN GUYSE ADA							Q-time: 06:19:57	
PB (25m pool): 06:19.57 Herentals 04/10/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:40.10		01:25.86		02:13.70		03:03.06
	00:40.10		00:45.76		00:47.84		00:49.36	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:52.26		04:42.57		05:32.10		06:19.57
	00:49.20		00:50.31		00:49.53		00:47.47	
								

Coach feedback:

Event number: 14: 400M FREESTYLE WOMEN 13+							Heat:2, starttime: 15:32	
Heat: 2/3 Lane : 1 Athlete: GERETS ANNELIEN							Q-time: 05:40:90	
PB (25m pool): 05:40.90 Herentals 04/10/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:40.15		01:24.01		02:08.44		02:52.38
	00:40.15		00:43.86		00:44.43		00:43.94	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:35.76		04:18.90		05:01.78		05:40.90
	00:43.38		00:43.14		00:42.88		00:39.12	
								

Coach feedback:

Event number: 14: 400M FREESTYLE WOMEN 13+							Heat:2, starttime: 15:32	
Heat: 2/3 Lane : 3 Athlete: THEWISSEN MIRTHE							Q-time: 05:05:83	
PB (25m pool): 05:04.10 De Sprink 22/12/2024				PB (50m pool): 05:11.25SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:14.14		no time		02:31.56
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:04.10
	...	...	...	...	...	...	...	...

Coach feedback:

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Event number: 14: 400M FREESTYLE WOMEN 13+							Heat:2, starttime: 15:32	
Heat: 2/3 Lane : 5 Athlete: COPERMAN SAM							Q-time: 05:04:45	
PB (25m pool): 05:04.45 Herentals 04/10/2025				PB (50m pool): 05:15.08SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.43		01:13.19		01:52.38		02:31.62
	00:34.43		00:38.76		00:39.19		00:39.24	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:10.88		03:49.73		04:28.70		05:04.45
	00:39.26		00:38.85		00:38.97		00:35.75	
								

Coach feedback:

Event number: 14: 400M FREESTYLE WOMEN 13+							Heat:3, starttime: 15:38	
Heat: 3/3 Lane : 1 Athlete: CLAESSENS ELLA-LOUISE							Q-time: 04:54:24	
PB (25m pool): 04:57.04 De Sprink 22/12/2024				PB (50m pool): 04:54.24SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:10.35		no time		02:26.21
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:57.04
	...	...	...	...	...	...	...	...

Coach feedback:

Event number: 14: 400M FREESTYLE WOMEN 13+							Heat:3, starttime: 15:38	
Heat: 3/3 Lane : 6 Athlete: SARGESJAN NALA							Q-time: 04:51:64	
PB (25m pool): 04:55.10 Herentals 04/10/2025				PB (50m pool): 04:51.64SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.77		01:08.88		01:45.78		02:23.84
	00:32.77		00:36.11		00:36.90		00:38.06	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:02.45		03:41.31		04:20.33		04:55.10
	00:38.61		00:38.86		00:39.02		00:34.77	
								

Coach feedback:

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Event number: 14: 400M FREESTYLE WOMEN 13+							Heat:3, starttime: 15:38	
Heat: 3/3 Lane : 8 Athlete: VERLEYSSEN NOA							Q-time: 04:56:58	
PB (25m pool): 05:07.91 Herentals 04/10/2025				PB (50m pool): 04:56.58SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.68		01:14.58		01:54.17		02:33.26
	00:35.68		00:38.90		00:39.59		00:39.09	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:12.43		03:51.71		04:31.40		05:07.91
	00:39.17		00:39.28		00:39.69		00:36.51	
								

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+							Heat:1, starttime: 15:44	
Heat: 1/8 Lane : 3 Athlete: MATHIJS CORNEEL							Q-time: 00:53:52	
PB (25m pool): no time				PB (50m pool): 00:53.52 SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+							Heat:7, starttime: 15:51	
Heat: 7/8 Lane : 1 Athlete: VANOPPEN MATHIAS							Q-time: 00:29:47	
PB (25m pool): 00:29.47 Hasselt 04/05/2025							PB (50m pool): 00:29.48SB: no time	
	2 5 M		5 0 M					
PB			00:29.47					
	00:29.47							
								

Coach feedback:

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Event number: 15: 50M BUTTERFLY MEN 11+			Heat:8, starttime: 15:52
Heat: 8/8 Lane : 6 Athlete: VANGROOTLOON JEF			Q-time: 00:27:44
PB (25m pool): 00:28.40 Hasselt 04/05/2025			PB (50m pool): 00:27.44 SB: no time
	2 5 M	5 0 M	
PB		00:28.40	
		00:28.40	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:3, starttime: 15:57
Heat: 3/7 Lane : 3 Athlete: VANDER MEER AMBER			Q-time: 00:38:34
PB (25m pool): 00:38.34 Hasselt 12/10/2025			PB (50m pool): 00:38.34 SB: no time
	2 5 M	5 0 M	
PB		00:38.34	
		00:38.34	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:3, starttime: 15:57
Heat: 3/7 Lane : 5 Athlete: FRANSEN LYNA			Q-time: 00:37:79
PB (25m pool): 00:39.49 3500 Hasselt 20/10/2024			PB (50m pool): 00:37.79 SB: no time
	2 5 M	5 0 M	
PB		00:39.49	
		00:39.49	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:3, starttime: 15:57
Heat: 3/7 Lane : 8 Athlete: DESAIR ANNA-LOUISE			Q-time: 00:39:49
PB (25m pool): 00:41.70 Hasselt 12/10/2025			PB (50m pool): 00:39.49 SB: no time
	2 5 M	5 0 M	
PB		00:41.70	
		00:41.70	
			

Coach feedback:

PK KB LIM 26: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:4, starttime: 15:59
Heat: 4/7 Lane : 1 Athlete: VANDER MEER NOOR			Q-time: 00:36:94
PB (25m pool): 00:38.93 Hasselt 12/10/2025			PB (50m pool): 00:36.94 SB: no time
	2 5 M	5 0 M	
PB		00:38.93	
		00:38.93	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:4, starttime: 15:59
Heat: 4/7 Lane : 5 Athlete: VANIERSCHOT NORA			Q-time: 00:36:19
PB (25m pool): 00:36.19 Hasselt 12/10/2025			PB (50m pool): 00:38.10 SB: no time
	2 5 M	5 0 M	
PB		00:36.19	
		00:36.19	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:6, starttime: 16:02
Heat: 6/7 Lane : 5 Athlete: BEUNCKENS TESS			Q-time: 00:34:15
PB (25m pool): 00:38.14 Maastricht 30/12/2023			PB (50m pool): 00:36.03 SB: no time
	2 5 M	5 0 M	
PB		00:38.14	
		00:38.14	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:7, starttime: 16:04
Heat: 7/7 Lane : 7 Athlete: VANIERSCHOT ELLA			Q-time: 00:32:52
PB (25m pool): 00:32.52 Hasselt 04/05/2025			PB (50m pool): 00:33.37 SB: no time
	2 5 M	5 0 M	
PB		00:32.52	
		00:32.52	
			

Coach feedback:

PK KB LIM 26: Session: 2: COACH evaluation sheet for TEAM: HZS

Event number: 17: 4x50M FREESTYLE MEN 11+							Heat:1, starttime: 16:10	
Heat: 1/1 Lane : 4 Athlete: TEAM HZS 1							Q-time: 01:42:10	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 18: 4x50M FREESTYLE WOMEN 11+							Heat:1, starttime: 16:14	
Heat: 1/1 Lane : 3 Athlete: TEAM HZS 2							Q-time: 02:03:30	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 18: 4x50M FREESTYLE WOMEN 11+							Heat:1, starttime: 16:14	
Heat: 1/1 Lane : 5 Athlete: TEAM HZS 1							Q-time: 01:58:90	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: